



Dr.C.V.Jayanthy

Prof. Dr. C.V. Jayanthi, Ph.D. in Yoga, M. Sc. In Yoga, MBA., CIAYT

Professor Dr. C.V. Jayanthi is an accomplished individual with an impressive array of qualifications and roles in the field of yoga, research, and education. Her extensive background includes:

PROFESSIONAL ROLES

- Director at Manushi Institute of Yoga
- Joint Secretary in NYSF (National Yoga Students Federation)
- Secretary in TNYSF (Tamil Nadu Yoga Students Federation)
- Advisory Member in PCRM (Physicians Committee for Responsible Medicine), Washington DC
- Council Member in IVU (International Vegetarian Union)

TEACHING AND RESEARCH:

- Professor and Research Supervisor in Ph.D. programs
- Visiting Professor at various universities
- Supervisor at Vels Institute of Science, Technology & Advanced Studies, Department of Yoga
- Expertise in the field of plant-based nutrition

TEACHING AND RESEARCH:

- Author of more than 25 yoga-related books
- Professor Dr. C.V. Jayanthi's contributions to yoga, research, and plant-based nutrition showcase her dedication and expertise in promoting health and well-being. Her leadership roles in various organizations and her extensive teaching and research experience underline her commitment to advancing the field of yoga therapy and holistic health.