



# Dr.S.Natarajan

Ph.D. in Yoga, M.Phil. M.P.E.S., M. Sc. In Yoga, Dip in Sports.,

Prof. S. Natarajan is an accomplished individual with a wealth of knowledge and experience in the fields of yoga, spirituality, and mind-body medicine. His impressive background includes:

## PROFESSIONAL ROLE

Program Director at Manushi Institute of Yoga

## **KEY ACCOMPLISHMENTS:**

- Renowned Raja Yogi with 25 years of experience in the field of spirituality
- Thought leader in the integration of "Science and Spirituality" and "Mind-Body Medicine"
- Known for his work in the "New Biology Healthcare Revolution"
- Mentored and trained a mentally challenged and blind child, Master Lalith Kumar, for over 7 years
- Received recognition from President APJ Abdul Kalam in 2005 for Master Lalith Kumar's achievements in yoga
- Specialized skills in integrating ancient Indian spirituality with quantum physics and nutrition science
- Pioneered a holistic approach to healing that has gained significant popularity
- Prof. S. Natarajan's dedication to the integration of science and spirituality, along with his remarkable achievements in yoga and mind-body medicine, reflect his profound impact on the field of holistic health and well-being. His work in mentoring and training Master Lalith Kumar showcases his commitment to helping individuals overcome challenges and achieve their full potential through yoga and spirituality.